

UC San Diego  
Moore's Cancer Center



AN INTRODUCTION TO

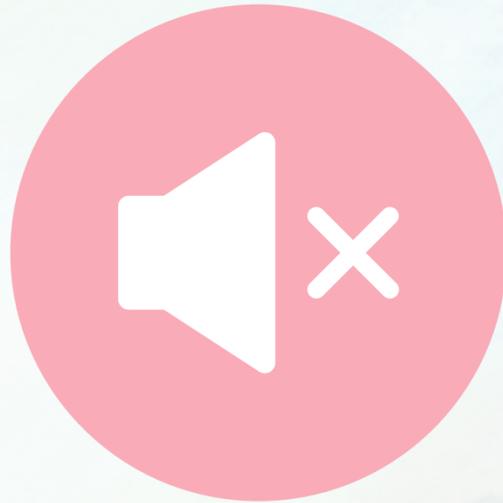
# CANCER PREVENTION IN THE TRANS/NONBINARY COMMUNITY

JUNE 1, 2023

UC San Diego Health



# Meeting Reminders



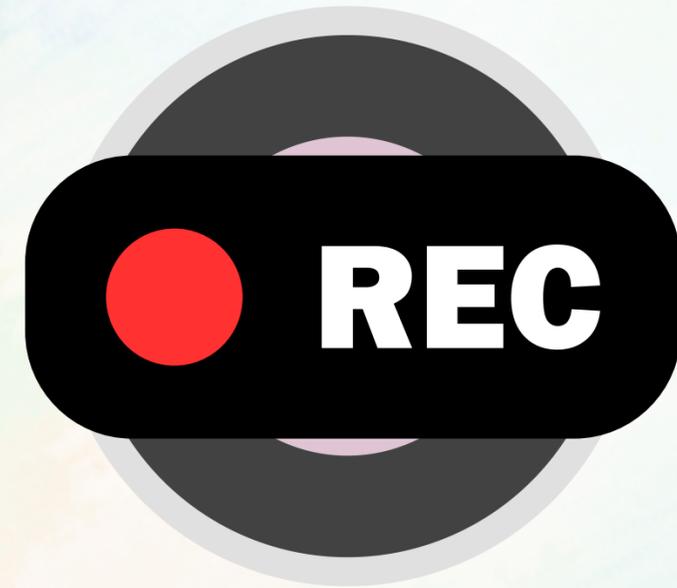
## AUDIO

Please make sure your line is muted throughout the duration of the meeting.



## ZOOM CHAT

Use the chat to introduce yourself & ask questions throughout the meeting!



## MEETING RECORDING

Slides, recording and resources will be shared with all attendees



# Agenda

- Intro. to the Trans/Nonbinary Community Advisory Board & Moores Cancer Center
- Introducing the Two-Part Series on Cancer Prevention in the Trans/Nonbinary Community
- Part 1: Myths vs Facts: Cancer Risk Factors & Prevention
  - Dr. Amy Sitapati
  - Dr. Jennifer Anger & Dr. Amirali Salmasi
- Question & Answer Session
- Closing: Resources & Part 2 Reminder

# Community Guidelines

- One person, one mic
- Take space, make space
- Assume good intentions
- Introduce yourself with your gender pronouns
- Apologize and correct yourself when misgendering occurs
- Mutual respect for others, time, and space
- Speak from “I” statements vs broad generalizations

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# Transgender/ Non-Binary Community Advisory Board

Our mission is to improve and sustain the health and well-being of the transgender and nonbinary community. The TCAB helps to build bridges between the transgender and nonbinary community and key health initiatives that benefit the community through fostering inclusion in health research, conducting community events, and increasing community education and advocacy.

The TCAB is chaired by local transgender and nonbinary community leaders, brings together HIV researchers, medical doctors, health care administrative staff, and members of the San Diego trans community to make impactful change in the landscape of HIV awareness, prevention, and treatment, and is one of the first organizations of its kind to prioritize the trans and nonbinary community. The TCAB meets on the second Thursday of each month from 5:30 pm – 7 pm via Zoom.

# The Moores Cancer Center

One of just 54 National Cancer Institute-Designated Comprehensive Cancer Centers in the United States, and the only one in the San Diego region.



**Treatment**



**Research**



**Community Outreach  
& Engagement**

# The Cancer Burden in the Trans/Nonbinary Community



*Trans and gender non-confirming people are less likely to be offered screening tests that are appropriate for their organs; are less likely to get screened for breast/chest, cervical, and colorectal cancers; and are more likely to be diagnosed with lung cancer at a later stage compared to cisgender people.*

**In a 2021 survey of LGBTQIA+ people with cancer:**

- **40%** reported that prior to their diagnosis they didn't know about recommended screening tests
- **35%** reported their health care provider never discussed cancer screening with them

# Cancer Risks in the Trans/Nonbinary Community

The trans and nonbinary community faces increased risk for cancer at both structural and individual levels. This includes but is not limited to:

- Smoking, diet and alcohol
- Chronic infections, like HIV or HPV
- Hormone replacement therapy (HRT)
- Awareness around recommended cancer screenings
- Access to "adequate, informed and respectful treatment" (JAMA Oncology, 2023)



# *Introducing!* The Two-Part Series on Cancer Prevention in the Trans/Nonbinary Community

*The goal of this series is to inform, guide and provide a space for the trans/nonbinary community to learn and discuss cancer prevention and screenings*

**Happening Today**

**Myths vs Facts: Cancer Risk Factors & Prevention**

**Thursday, June 8th at 5:30pm**

**Cancer Screening 101 – Finding Trans/Nonbinary-friendly Screening in San Diego**





## **Amy Sitapati, MD**

Primary Care Physician – Internal Medicine  
Clinical Professor, Division of Biomedical Informatics,  
Division of General Internal Medicine



**Amirali Salmasi, MD, MSCR**  
Associate Professor of Urology  
Urologic Oncology



**Jennifer T. Anger, MD, MPH**  
Gender Affirming Surgery, Urologic  
Reconstruction, & Female Pelvic Medicine  
Professor and Vice Chair of Research,  
Department of Urology

# ? Question and Answer Session ?

## Ways to Participate

- You are welcome raise your hand, unmute yourself and ask a question directly to the health providers
- Drop a question in the chat
- Send a private question to Margaux, Maritza, Deja or Tristan who will anonymously read it aloud



# Resources

- Contact one of the following clinics:
  - [Gender Affirming Care at UCSD Health](#)
    - [Owen Clinic](#)
  - [Transgender Health Services: The Night Clinic](#)
  - [Family Health Centers of San Diego Hillcrest Family Health Center](#)
  - [San Ysidro Health](#)
  - [Vista Community Clinic](#)
- Get Advice About Care:
  - [Trans Family Support Services](#)
  - [Transgender Health & Wellness Center](#)
  - Contact TCAB member Connor Maddocks for personalized advice
- *Search 'Queer Exchange San Diego'*

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TRANSGENDER/NONBINARY COMMUNITY ADVISORY BOARD (TCAB)



## CANCER PREVENTION IN THE TRANS COMMUNITY

A two-part virtual series dedicated to cancer awareness and prevention in the trans and nonbinary community. **All are welcome!**

**SCAN HERE TO REGISTER!**

**MYTHS VS FACTS: CANCER RISK FACTORS & PREVENTION**

**ONLINE**  
Thursday, June 1st  
5:30-7pm PST



**CANCER SCREENING 101: FINDING TRANS-FRIENDLY SCREENING IN SD**

**ONLINE**  
Thursday, June 8th  
5:30-7PM PST





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# Thank you!

Join us next Thursday, June 8th AT 5:30PM for Part 2:  
Cancer Screening 101: Finding Trans/Nonbinary-Friendly  
Screening in SD



*Part 1 recording and slides coming soon!*