

UC San Diego
Moore's Cancer Center



PART II

CANCER SCREENING 101:

FINDING TRANS-FRIENDLY SCREENING IN SD

JUNE 8, 2023

UC San Diego Health



Meeting Reminders



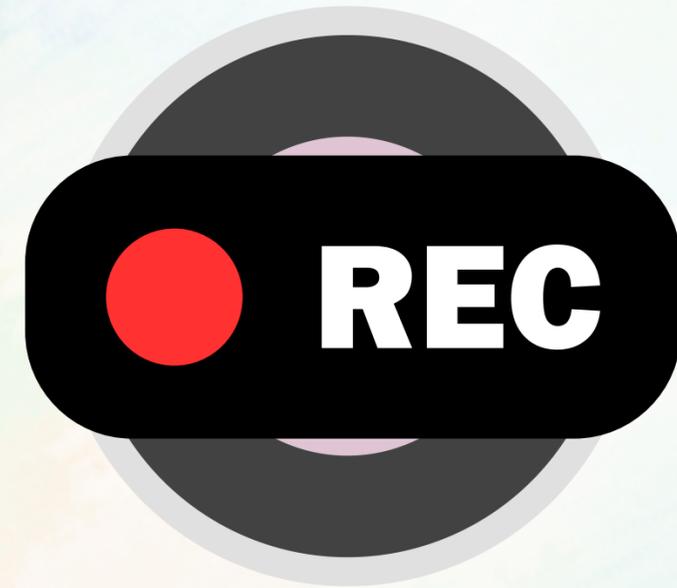
AUDIO

Please make sure your line is muted throughout the duration of the meeting.



ZOOM CHAT

Use the chat to introduce yourself & ask questions throughout the meeting!



MEETING RECORDING

Slides, recording and resources will be shared with all attendees



Agenda

- Overview of Part II of Cancer Prevention in the Trans/Nonbinary Community Series
- Part 2: Cancer Screening 101: Finding Trans/Nonbinary-friendly Screening in San Diego (*Question & Answer Session*)
 - Dr. Jill Blumenthal
 - Dr. Edward Cachay
 - Dr. Julie Çelebi
- Closing: Resources

Community Guidelines

- One person, one mic
- Take space, make space
- Assume good intentions
- Introduce yourself with your gender pronouns
- Apologize and correct yourself when misgendering occurs
- Mutual respect for others, time, and space
- Speak from “I” statements vs broad generalizations

UC San Diego Health



Transgender/ Non-Binary Community Advisory Board

Our mission is to improve and sustain the health and well-being of the transgender and nonbinary community. The TCAB helps to build bridges between the transgender and nonbinary community and key health initiatives that benefit the community through fostering inclusion in health research, conducting community events, and increasing community education and advocacy.

The TCAB is chaired by local transgender and nonbinary community leaders, brings together HIV researchers, medical doctors, health care administrative staff, and members of the San Diego trans community to make impactful change in the landscape of HIV awareness, prevention, and treatment, and is one of the first organizations of its kind to prioritize the trans and nonbinary community. The TCAB meets on the second Thursday of each month from 5:30 pm – 7 pm via Zoom.

The Moores Cancer Center

One of just 53 National Cancer Institute-Designated Comprehensive Cancer Centers in the United States, and the only one in the San Diego region.



Treatment



Research



**Community Outreach
& Engagement**

The Two-Part Series on Cancer Prevention in the Trans/Nonbinary Community



The goal of this series is to inform, guide and provide a space for the trans/nonbinary community to learn and discuss cancer prevention and screenings

Thursday, June 1st

Myths vs Facts: Cancer Risk Factors & Prevention

Happening Today

Cancer Screening 101 – Finding Trans/Nonbinary-friendly Screening in San Diego

Welcome Panelists!



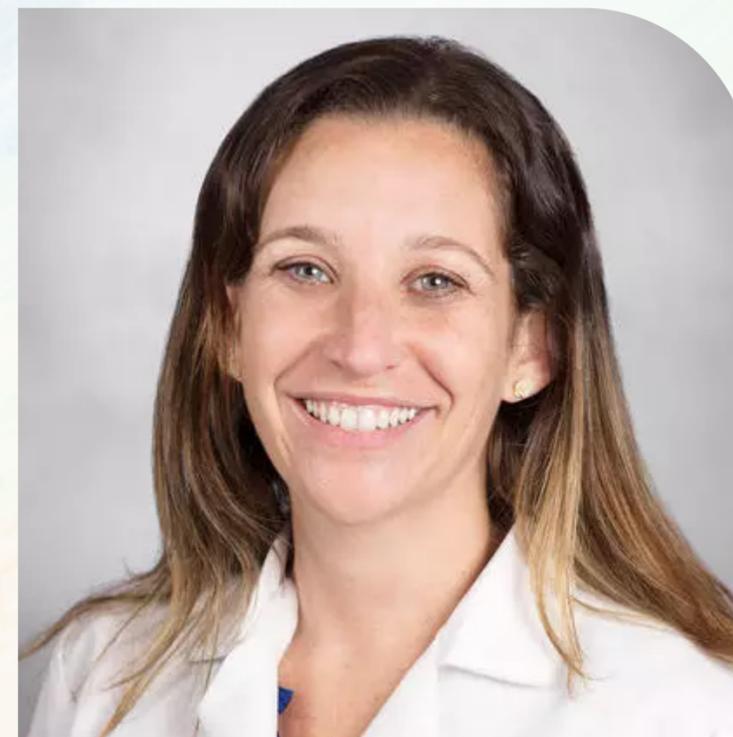
Julie Çelebi, MD

Primary Care Physician
Associate Professor of Family
Medicine and Public Health



Edward R. Cachay, MD

Infectious Disease Specialist
Professor of Medicine



Jill S. Blumenthal, MD

Infectious Disease Specialist
Associate Professor of Medicine

Key Cancer Screenings

Cervical

- Age 21-65
- every 3-5yr

Anal

- Age 30+
(if PLWH)
- Annual pap

Breast

- Start age 40-50
- Mammogram every 1-2yr

Colorectal

- Age 45+
- FIT annual or colonoscopy every 10yr

Lung

- Age 50-80 (if 20 pack-years in the last 15yr)
- Annual chest CT

Prostate

- Age 55-69
- Annual PSA



Question and Answer Session



Ways to Participate

- You are welcome raise your hand, unmute yourself and ask a question directly to the health providers
- Drop a question in the chat
- Send a private question to Margaux, Maritza, Deja or Tristan who will anonymously read it aloud



Cancer Screenings 101: If you've got it, screen it!

- Early detection can lead to better treatment outcomes and increased chances of survival
- Having conversations about unique needs and concerns regarding cancer screenings is *okay*
 - View cancer screening as an act of self-care. Taking time to prioritize your health is a powerful way to honor and care for yourself



Resources

- Contact one of the following clinics:
 - Gender Affirming Care at UCSD Health
 - Owen Clinic
 - Transgender Health Services: The Night Clinic
 - Family Health Centers of San Diego Hillcrest Family Health Center
 - San Ysidro Health
 - Vista Community Clinic
- Get Advice About Care:
 - Trans Family Support Services
 - Transgender Health & Wellness Center
 - Contact TCAB member Connor Maddocks for personalized advice
- *Search 'Queer Exchange San Diego'*

Thank you!

Part I & II of Cancer Prevention in the Trans/Nonbinary Community resources will be available soon!

Contact Information

- Moores Cancer Center Website
 - moorescancercenter.ucsd.edu
- Community Outreach & Engagement
 - mcccocoe@health.ucsd.edu
 - mstackba@health.ucsd.edu
 - mag075@health.ucsd.edu
- Trans/Nonbinary Community Advisory Board
 - cfar.ucsd.edu

Feedback Survey

Your feedback makes a difference to us! We would appreciate if you took a couple of minutes to let us know how we can improve.

